



Compliment Catch

Description

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Help students practice giving compliments to each other during this engaging group game.

Supplies

- Balloon/ball for each group with provided tasks written on each

How to Play

1. **Prep work:** Write the following compliment tasks on the balloon/ball for each group of students.
 - Compliment person to your right
 - Compliment person to your left
 - Compliment yourself
 - Compliment the leader
 - Compliment someone who is taller than you
 - Compliment someone who is shorter than you
2. Have students stand in a circle of no more than 12 students.
3. Give each group of students the balloon/ball with tasks written on it.
4. Tell the students that they will be tossing the balloon/ball across the circle.
5. Each student that catches the balloon/ball looks at where their right thumb is on the balloon/ball. Whatever task is closest to their right thumb they must complete.
6. Once they complete the task they toss the balloon/ball to another student in the group.
7. This continues until time is up or all students in the group have gotten a chance to share out.

Activity Prompts for Reflection

- How did it feel to receive a compliment?
- How did it feel to give a compliment to someone else?
- What's a compliment you recently received?
- Is there anyone in the group you wanted to give a compliment to but didn't get a chance to?

Other Ways to Play

- Instead of having each student share when they catch the ball/balloon, play music and when the music pauses the student holding the balloon looks at their right thumb and does the compliment task listed.
- If there isn't enough time to write out on the balloon/ball, do the above and when the music stops, announce the compliment task that the person holding the balloon/ball needs to complete.
- Instruct students that they can not pass it to someone who has already had the balloon/ball.

Additional Notes

- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.

Category

1. Activities

Sel-competency

1. Relationship Skills

Allotted-time

1. 15 minutes

Themes

1. Ball Games